

Skating Skills for Mites and Mini-Mites



Offered by the Prince William Hockey Club

Who wants to keep their child on the ice and in equipment this summer?

A focused skills clinic is being offered for young hockey players which will do just that. Participants will be separated and grouped into two different skill levels. Professional skating instruction will be offered to each group for twenty-five minutes during each session with another twenty-five minutes of continued skills, drills, and fun captured by PWHC coaches.

The lower group will be focusing on skating backwards and doing proficient hockey stops while the upper group will be evaluated during the first session to establish reasonable objectives and goals. The objective is to pick a couple of key skills needed to build a solid skating foundation. Learning to skate better is paramount in developing future hockey players.

Sessions start: June 17, 2007 and run once a week for ten weeks

Last session: August 19, 2007

Cost: \$185

USA Hockey membership and hockey equipment are required.

Time and Dates:

<u>Session</u>	<u>Date: Tuesday</u>	<u>Time</u>	<u>Rink</u>
1	17-Jun	6:30-7:20	NHL
2	24-Jun	6:30-7:20	NHL
3	1-Jul	6:30-7:20	NHL
4	8-Jul	6:30-7:20	NHL
5	15-Jul	6:30-7:20	NHL
6	22-Jul	6:30-7:20	NHL
7	29-Jul	6:30-7:20	NHL
8	5-Aug	6:30-7:20	NHL
9	12-Aug	6:30-7:20	NHL
10	19-Aug	6:30-7:20	NHL

You may register for this clinic by using the registration link from the main PWHC website <http://www.pwhockey.com/> You can also register by mailing the registration form (available on the website) and fee to the PWHC mailing address or putting the registration form and fee in an envelope and dropping it in the PWHC maildrop at the Prince William Ice Center —Dale City. This clinic is open to any USA Hockey member within the Mite or Mini-Mite player level.