

Prince William Inline Hockey

Frequently Asked Questions

Where does PWHC InLine play?

PWHC InLine plays at Total Sports (aka TSP) in Woodbridge. It is a smaller court (115' X 74') with a sport court floor.

Address: 2380 Research Ct, Woodbridge, VA 22192.

Driving directions to Total Sports :

From Eastbound Prince William Parkway, heading towards Woodbridge:

Take a right on Crossing Place towards Bed, Bath and Beyond.

At the stop sign, take a right on Research Court.

Head straight towards the signs for Backyard Boats.

TSP is adjacent to Backyard Boats.

From Westbound Prince William Parkway, heading towards Manassas:

Take a left on Crossing Place towards Bed, Bath and Beyond.

At the stop sign, take a right on Research Court.

Head straight towards the signs for Backyard Boats.

TSP is adjacent to Backyard Boats.

From I-95:

Take Exit 158/158B to VA-3000 W/PRINCE WILLIAM PKWY/MANASSAS.

Once on PW Parkway look for Target on your right and Bed, Bath & Beyond on your left.

Take a left on Crossing Place towards Bed, Bath & Beyond.

At the stop sign, take a right on Research Court.

Head straight towards the signs for Backyard Boats.

TSP is adjacent to Backyard Boats.

When are games and what is the format?

Games are played four on four not including the net minder. Periods run three periods with a 15 minute running clock. During playoffs play is stop clock if the score is within 2 goals during the last 2 periods.

Games are traditionally held on Saturdays between the hours of 8AM and 12pm.

What equipment is required for InLine Hockey?

Required Inline equipment:

USA Hockey Inline requires that all players have the following equipment to participate in any USAHIL-sanctioned event: inline skates, HECC approved helmet with chin straps, HECC approved full face mask,

with chin cup, colored (non-clear) internal mouth guard, elbow pads, gloves designed for hockey, knee and shin protection designed for hockey, and a hockey stick. Additional recommend equipment: protective cup or pelvic protector. The above equipment used for ice hockey with the exception of skates can also be used for inline. InLine does not use ice socks, instead they use pants that cover the shin guards to protect other places that may come into contact with uncovered equipment.

Are the rules different than Ice Hockey?

The rules are very similar to Ice Hockey, however, there is no checking and no off sides. Without off sides the game can often be faster to allow quicker break outs and transition.

What kind of skates are used?

Any type of InLine skates or roller blades will work. However, a skate made for indoor hockey will provide the best performance. These skates usually have soft or extra soft wheels that match a 76a or 74a durometer that is suitable for most kids

When are practices held?

Practices are held during a week night. Traditionally, practices are for one hour between 6pm and 9pm on Tuesday, Wednesday or Thursdays. The 2009-2010 seasons, practices have been held on Tuesday evenings at TPS.

Who can play?

- Boys and Girls, ages 5-18 of all skill levels are welcome
- House teams distributed by skill level—all levels welcome

What is your website?

InLine host website: <http://pwhockey.com/inline-house.htm>

Facebook Fansite: <http://www.facebook.com/#!/pages/PWHC-InLine/161103989372?ref=ts>

What is the season cost?

The season is 10 weeks. A season includes 9 games and a playoff weekend. There are 10 practices and costs run between \$180 - \$210 for the 2009-2010 seasons. There are available discounts for three season registration, siblings and dedicated goalies. Current registration fees can be found here:

[PWHC Registration.](#)

What other fees are involved?

PWHC-IL is a USA Hockey Sanctioned league. All players are required to register with [USA Hockey Inline](#). Register online at: <https://www.usahockeyregistration.com/> . This is a separate registration from USA Hockey used for Ice players.

USA Hockey membership includes:

- Individual membership card
- Excess medical, catastrophic and liability coverage
- A subscription to *USA Hockey Magazine*
- Opportunities to participate in USA Hockey events and clinic
- Periodic e-mail newsletter

Where are the best places to get equipment?

Locally, Modells has a limited selection of equipment. Other online sites include [Hockeygiant.com](#), [inlinewarehouse.com](#) and [hockeymonkey.com](#)

What if I have more questions?

Please contact the Inline Director at: inline@pwhockey.com

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